





October

West Lafayette Intermediate Lunch Menu



			Thursday	Friday
	1 Arroz Con Pollo (Chicken) Chips & Queso w/ Rice Hamburgers (Beef) Side Salad, Refried Beans Banana, Tropical Fruit	2 Drumstick w/ Roll Mac & Cheese w/ Roll Yogurt Parfait Cucumbers, Steamed Broccoli Orange, Peaches	3 Spaghetti (Beef) w/ Garlic Toast Mozzarella Cheese Sticks Ham (Turkey) & Cheese Sandwich Side Salad, Peas Pineapple, Frozen Fruit	4 Cheesy Garlic French Bread Fish Sticks Turkey & Cheese Sandwich Red Bell Peppers, French Fries Apple, Raisals
7 Hot Dog (Beef) w/ Coney Sauce (Beef), Chicken Nuggets Soy Butter & Jelly w/ Cheese Stick Baby Carrots, Baked Beans Apple Slices, Mandarin Oranges	8 Walking Taco (Beef) Grilled Cheese w/ Tomato Soup, Ham (Turkey) & Cheese Sandwich Side Salad, Corn Banana, Pears	9 Chicken & Noodles w/ Roll Baked Pork Chop w/ Roll Yogurt Parfait Cucumbers, Mashed Potatoes Grapes, Fruit in Jell-O	10 Cheesy Lasagna w/ Breadstick Cheeseburger (Beef) Turkey & Cheese Sandwich Side Salad, Green Beans Tropical Fruit Salad, Applesauce	11 
14 	15 Black Bean or Beef Soft Taco w/ Spanish Rice Mini Corn Dogs (Chicken) Side Salad, Refried Beans Orange, Fruit Juice	16 Country Fried Chicken w/ Roll Mozzarella Cheese Sticks Turkey & Cheese Sandwich Red Bell Peppers, Mashed Potatoes Apple Slices, Peaches	17 Chicken Alfredo w/ Garlic Toast Soft Pretzel w/ Cheese Yogurt Parfait Side Salad, Cooked Carrots Tropical Fruit Salad, Frozen Fruit	18 Pepperoni (Pork & Beef) or Cheese Pizza Breaded Chicken Sandwich Broccoli, Potato Smiles Grapes, Raisals
21 Chicken Bites Cheese Quesadilla Ham (Turkey) & Cheese Sandwich Baby Carrots, Potato Wedges Mandarin Oranges, Apple Slices	22 Black Bean or Beef Nachos Corn Dog (Turkey) Side Salad, Corn Banana, Craisins	23 Chicken & Noodles w/ Roll Potato Crusted Fish w/ Roll Soy Butter & Jelly w/ Cheese Stick Cucumbers, Mashed Potatoes Grapes, Pineapple	24 Cheesy Ravioli w/ Breadstick Spicy Chicken Sandwich Yogurt Parfait Side Salad, California Blend Peaches, Cinnamon Pears	25 Pepperoni (Chicken & Beef) or Cheese Pizza Ripper Sloppy Joe (Beef) Red Bell Peppers, Baked Beans Apple Slices, Fruit Slushy
27 Mini Corn Dogs (Chicken) French Toast w/ Sausage & Egg, Soy Butter & Jelly w/ Cheese Stick Baby Carrots, Tator Tots Mandarin Oranges, Fruit Juice	29 Arroz Con Pollo (Chicken) Chips & Queso w/ Rice Hamburgers (Beef) Side Salad, Refried Beans Banana, Tropical Fruit	30 Drumstick w/ Roll Mac & Cheese w/ Roll Yogurt Parfait Cucumbers, Steamed Broccoli Orange, Peaches	31 Spaghetti (Beef) w/ Garlic Toast Pumpkin Pretzel w/ Cheese Ham (Turkey) & Cheese Sandwich Side Salad, Peas Pineapple, Frozen Fruit  Choc Chip Banana Muffins	