



SUMMER PROGRAMS GUIDE





DAYCAMPS! SWIM LESSONS! ADULT PROGRAMS! MERMAID CAMPS! Pre-team Swim Team AND SO MUCH MORE!!

I am extremely eager to share this newsletter that includes all of the great things happening at the pool right now and all of the great things coming to the pool in the near future! Last summer, we were kicking off all of our new programs for the first time and there was a tremendous amount of nervousness involved on my part. This year, (while I'm still a bit nervous), I'm also **SUPER** excited to share our programs that were so much **FUN and EFFECTIVE**!! I'm hoping to see a lot of familiar faces from last summer as well as a lot of new swim friends joining us this year!

There has been so much swimming success going on in the programs at the pool this winter and I am looking forward to seeing it continue this summer! Recently, our high school PE classes rotated through the pool, which everyone seemed to enjoy. The girls' and boys' high school swim teams wrapped up incredible seasons. The countless private swim lesson swimmers and those involved with the new pre-team swim team are still progressing every week and are always a pleasure to watch! Our pool has so many great things happening! I hope your children can come join us for some summer fun! :-)

Enjoy the following program guide and please let me know if you have any questions!

Chris Klinge—Aquatics Director—klingec@wl.k12.in.us



Join us for a morning day camp that will get your child moving and keep them active! We will meet at the pool every morning, then head out to track for some fun running followed by organized outdoor games. After our outdoor fun, we will head to the pool for a snack, **swimming lesson**, and free time. Drop off is 9:00am—Pick up for your child is at 11:50. The cost is \$125 a week. Children ages 6 and up.

Payment is cash or checks made payable to WLCSC.

Week 1	June 6-10	Register here
Week 2	June 13-17	Register here
Week 3	June 20-24	Register here
Week 4	June 27-July 1	Register here
Week 5	July 5-8	Register here
Week 6	July 11-15	Register here
Week 7	July 18-22	Register here
Week 8	July 25-29	Register here

Middle School Swim Camp

Do you love swimming but aren't quite sure if you're ready to make the jump to the swim team? Come join us for middle school swim camp! In this two-week camp, we will try and teach you everything you need to know about join-

ing the swim team all while having fun! Each swim day will be broken into a conditioning workout and additional skill stations. The camp will conclude with a mini-meet on the last day!

Grades 6-8 (entering or exiting!) —For additional questions, email Chris Klinge at klingec@wl.k12.in.us

Monday-Thursdays June 6th—16th 1-2:30 pm \$85 for the two-week session REGISTER HERE!



Pre-team Buin Team



We were really excited to start a pre-team swim team/fitness group this past winter! :-) Some of the swimmers involved enjoyed swimming, but maybe weren't quite sure they were ready to take the leap to a full-time swim team. Some of the other swimmers tried out for the team, but there were no spots available at the time. Whatever reasons brought everyone to the pool, our goals were the same - Have FUN and...focus on the technique of all 4 strokes, starts, turns, conditioning, and many more of the fundamentals of swimming. If this sounds like something your child might be interested in, come join us on Saturday mornings from 9:30-11 a.m. and we will do our best to make your swimmer an even better swimmer!

Register Here for the Pre-Team

Email klingec@wl.k12.in.us for questions or more information.



MERMAID DAY CAMP

Sign your little mermaid up for our one-day camp that includes a Tail Swimming Lesson, Mermaid Slime Session, and free swim (with or without a tail!) until the conclusion of camp. Ages 8+ and must know how to swim and be comfortable in the water.

Details: Camps run on Fridays from 1:00-2:30pm at the Richard A Wachs Jr. Aquatic Center. More details will come after registration is received. Tails must be purchased and brought to class with your mermaid! Limited space is available.

Purchase this tail to bring to class with you.

Cost of day camp: \$35

Register here for June 10th

Register here for June 24th

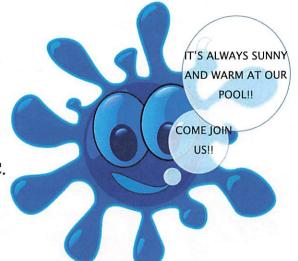


Swimming Lessons

Learn to Swim

We have several swim lesson options available this summer. Our instructors did an amazing job this past year and the children worked hard and had fun! We look forward to many more children learning to swim at our pool!

Group lessons—Each class will be broken down into swimming lessons and organized fun water activities. :-) During our two-week sessions, our 45-minute classes will be **limited in participants** to provide a low instructor to swimmer ratio—lots of learning and feedback. Classes will run Monday through Thursday 9-9:45am and 9:45-10:30. Come join the fun! Cash or check made payable to WLCSC. \$65. Ages three and up. Under three, please see Parent/tot class.



Session #1 9-9:40am register here

June 6th-June 16th 9:45-10:25 register here

Session #2 9-9:40am register here

June 20th-June 30th 9:45-10:25 register here

Session #3 9-9:40am register here

July 5th-July 14th 9:45-10:25 register here

Session #4 9-9:40am register here

July 18th-July 28th 9:45-10:25 register here

Private lessons-We love watching children progress in the small, quiet, environment of private lessons. If you think your child learns better in a calmer setting, private lessons might be the perfect option for your swimmer! Each lesson is 30 minutes long. 5 lessons for \$125 or 10 for \$225. Register here to be contacted to set up lessons.

Swimming Lessons

Learn to Swim continued...

Semi-private/Group lessons with a Twist— You pick the group! Swimming is fun and it's even more fun with your friends! All of our instructors will be qualified to teach at all levels. We simply will teach to the level of each swimmer. (please note, all children should be at "similar" levels to work well. Putting a beginner with someone on the swim team, might not be a great option.) Register here to be contacted to set up lessons.

Adult private lessons— If you didn't learn to swim as a child or want to improve your swimming for other reasons, private lessons are a great option. Typically someone does a couple of lessons, then goes and practices. Back for a couple of lessons, go practice! Regardless of what your motivation is, we are here to help you improve! Register here to be contacted to set up lessons.

Parent/Toddler swim class—Our version of Mommy and Me, but it certainly isn't limited to just Mommy!! Children 6 months to 36 months participate with a parent in the water with them. This class will focus on water familiarity and safety training. Splashing, singing, and playing in the water, with basic floating skills and breath control are the goals. A low student-teacher ratio allows participants to safely develop skills and confidence in the water. Parent/tot swim class will take place on Fridays 9:30-10:15. Register here for this fun class.

IMPORTANT ANNOUNCEMENT

Our goal is to provide traditional group and private swim lessons with the instructor in the water if necessary. We will follow all guidelines set forth by the CDC, the State of Indiana, and Tippecanoe County. This decision will be based on the guidelines provided as we get closer to opening day this summer, 2022.



Join us for the 3rd annual Splash and Dash Race!!

When? Saturday, July 2nd, 9:30am

Where? West Lafayette Jr/Sr High School

What is it? This family-oriented event is a fun & safe introduction to the world of multisport racing. This is a swimming and running "aquathon" for children 7-17 years old. The race includes a short swim (aka "splash") followed by a short run (aka "dash") with an event focus of athlete participation. Goody bags for all athletes! There will be awards for the top 3 finishers in each age group for those feeling a little more competitive. Athletes will complete their swim in the Richard A Wachs Jr. Aquatic Center and then transition to the track from the pool.

Distances:

7-10 year-olds—Swim 100 yards Run 1K

11-18 year-olds—Swim 200 yards Run 2K

How much? \$20 for the event which includes a goody bag upon completion

What do I need? Swimsuit and running shoes—goggles if your child uses them to swim. That's it! More information will be sent as race day gets closer. REGISTER HERE! Limited registration



Get ready for race day with our two-week "training" camp! We will run and swim every-day working on technique, conditioning, racing, and having fun!

When? Monday-Thursdays June 20th—June 30th 1-2:30 pm

Where? We will meet daily at the Aquatic Center

How much? \$85 for the two-week session

Register Here for Splash and Dash Training Camp!!







TURN YOUR BASH INTO A BIG SPLASH!!



Hosting a party is simple and fun! Email Chris Klinge to set up a time for your party! We try and set up parties outside of our normal programmed hours, so you will have use of the entire aquatic center!

- 1.5 hour access to the pool
- Exclusive access to the wet classroom for party treats and gift opening
- Maximum of 20 swimmers (ages 5 and up)
- \$175 for 2 hours
- Questions and scheduling email Chris Klinge



Aquafit-Invigorating 45-minute class that will work you from head to toe! This class will blend cardio, wall work, and strength training with buoys. Condition and sculpt your entire body in this low impact class. Dates and times TBD

Deep Water Aerobics—This program is held in the deep end of the dive well and provides a cardio-challenging low-impact workout. We will utilize pool noodles and water dumbells in a variety of motions including water walking and running. This class is a great way to burn fat, increase cardiovascular fitness, and range of motion! Dates and times TBD

Hit the POOL not the SNOOZE button.

Morning Masters swim team- Are you interested in a group swim workout? Maybe a little technique work? Are you getting ready for a triathlon this summer and could use some people around you pushing you? Let us help!

Come join us 5:45-6:45am every Monday and Wednesday at the aquatic center! <u>Email</u> for more information.

Keep CALM and swim LAPS.

Lunchtime Lap Swim-Not sure you're ready for a group workout at 6am? Come join our lunchtime open lap swim. Right now we are utilizing a <u>sign-up system online</u> so everyone can have their own lane. Each swim is 60 minutes long and is \$5. We are currently working on some repairs, and during construction, the sign-up will not be utilized until we open back up. As soon as the project is complete, it will be updated! Please <u>email</u> if you have any other questions!



Congratulations if you made it this far into our program guide!! There are so many programs we are excited to provide this summer! If you have any questions or concerns that I can help with regarding the programs, please <a href="mailto:e